

## TRAINING TIMES FOR SEASON 2010

We have two training venues:-

1. Kingston Heath Reserve, Farm Road, Cheltenham
2. Brighton Secondary College, Dendy St., Brighton

### Post Easter Training Schedule - from 6<sup>th</sup> April

Team	Day	On - Field Time Check with coaches for arrival time	Venue
Senior Mens			
SL & Pennant	Tuesday	8.00pm -9.30pm	Dendy Street
	Thursday	7.00pm – 8.30pm	Farm Road
	Sunday	8.00am – 9.30am	Farm Road
Metro & Vets	Wednesday	8.pm to – 9.30pm	Farm Road
Senior Womens			
SL & Pennant	Tuesday	7.30pm – 9.00pm	Farm Road
	Thursday	8.00pm – 9.30pm	Farm Road
Metro	Tuesday	7.30pm – 9.00pm	Farm Road
Juniors			
U17 Mixed	Tuesday	6.30pm – 8.00pm	Dendy Street
U17 Girls	Tuesday	6.30pm – 7.30pm	Farm Road
U15 Mixed	Tuesday	5.30pm – 7.00pm	Dendy Street
U15 Mixed Skills	Sunday	9.00am – 10.00am	Farm Road
U15 Girls	Tuesday	6.00pm – 7.00pm	Farm Road
U13 Mixed	Monday	5.30pm – 7.00pm	Farm Road
U13 Mixed and Girls Skills	Wednesday	6.00pm – 7.00pm	Dendy Street
U13 Girls	Tuesday	5.30pm – 6.30pm	Farm Road
U11	Thursday	5.30pm – 7.00pm	Farm Road
U11 Dendy Street	Thursday	5.30pm – 7.00pm	Dendy Street
U11's Skills	Sunday	9.00am – 10.00am	Farm Road
U9's	Thursday	5.30pm – 7.00pm	Farm Road
U9's Dendy Street	Thursday	5.30pm – 7.00pm	Dendy Street
Minkies Farm Road*	Sunday	10.00am – 11.00am	Farm Road
Minkies – Dendy Street*	Sunday	10.00am – 11.00am	Dendy Street

\* - Minkies starts Sunday 2<sup>nd</sup> May

All information is correct at time of printing. Please contact Julian Pratt to confirm information

## SOUTHERN UNITED HOCKEY CLUB

SOUTHERN UNITED



- JUNIOR SECTION -

### INFORMATION & REGISTRATION KIT

SEASON 2010

FOR NEW PLAYERS

Kingston Heath Reserve, Farm Road, Cheltenham 3192.

Phone – 9583 2134

## OUR CLUB FOCUS

We are a friendly, family club with grades for all players. Top grades aiming at playing in the highest grades in Victorian Hockey, introducing grades throughout the club from U9's through seniors and veterans, with many grades in between. In our juniors our focus is to teach players the techniques and tactics to enable them to enjoy hockey to the standard they strive for.

## OUR CLUB HISTORY

Southern United Hockey Club was formed in 2006 from the merger of Sandringham Hockey Club and Moorabbin Districts Hockey Club. We are now one of the biggest hockey clubs in Victoria.

## CLUB FACILITIES

Southern United Hockey Club has two synthetic hockey pitches at which it conducts training and matches.

**CHELTENHAM** – 74 Farm Road Cheltenham within the Kingston Heath Reserve. The clubrooms are also located at Farm Road as is the hockey shop which sells a full range of ATLAS hockey equipment and club apparel. The kiosk operates during all matches at Farm road.

**BRIGHTON** – Dendy Street (at the rear of Brighton Secondary College). The club is the major tenant of this facility and conducts training along with both junior and senior matches here. The club has a kiosk operating during junior match times.

## REGISTRATION FOR SEASON 2010

New Players are *ALWAYS* welcome at Southern. If you know of anyone interested in playing Hockey with SUHC, please copy this booklet and give it to them.

Please see attached for registration form.

## WINTER SEASON & GRADES

The winter hockey season consists of 18 home and away games plus two weeks of finals (no finals for U9). Training commences March 1<sup>st</sup>. Games commence in term 2 and finish at the end of term 3.

Age groups are U9, U11, U13, U15 & U17. Competitions - mixed are all ages and girls only comp is U13, U15 & U17. Which age group you play in is based on your age at 1<sup>st</sup> January 2010. Example if you are 13 yo at Jan 1<sup>st</sup> 2010 then you will play in the U15 section.

## TRAINING TIMES FOR PRE-SEASON

### Pre Easter Training Schedule – from 1<sup>st</sup> March to 5<sup>th</sup> April

Team	Day	On - Field Time Check with coaches for arrival time	Venue
<b>Seniors</b>			
<b>Mens</b>			
<b>SL &amp; Pennant</b>	Tuesday	8.30pm -10.00pm	Farm Road
	Thursday	7.00pm – 8.30pm	Farm Road
	Sunday	8.00am – 9.30am	Farm Road
<b>Metro &amp; Vets</b>	Wednesday	8.pm to – 9.30pm	Farm Road
<b>Womens</b>			
<b>SL &amp; Pennant</b>	Tuesday	7.30pm – 9.00pm	Farm Road
	Thursday	8.00pm – 9.30pm	Farm Road
<b>Metro</b>	Tuesday	7.30pm – 9.00pm	Farm Road
<b>Juniors</b>			
<b>U17 Mixed</b>	Friday	7.30pm – 9.00pm	Farm Road
<b>U17 Girls</b>	Tuesday	6.30pm – 7.30pm	Farm Road
<b>U15 Mixed</b>	Wednesday *	6.30pm – 8.00pm	Farm Road
<b>U15 Girls</b>	Tuesday	5.30pm – 6.30pm	Farm Road
<b>U13 Mixed</b>	Monday	5.30pm – 7.00pm	Farm Road
<b>U13 Mixed and Girls Skills</b>	Wednesday	5.30pm – 6.30pm	Farm Road
<b>U13 Girls</b>	Tuesday	5.30pm – 6.30pm	Farm Road
<b>U11</b>	Thursday	5.30pm – 7.00pm	Farm Road
<b>U11 Skills</b>	Saturday	10.00am – 11.00am	Farm Road
<b>U9's</b>		11.00.am – 12.00 noon	Farm Road
<b>Speed Training</b>			
<b>Speed Training</b>	Thursdays**	7.00pm – 8.30pm	Farm Road

\* U15s move to Friday 6.00pm to 7.30pm for two weeks when Mckenzie clinic runs in March

\*\* Speed training runs for 10 weeks from 28<sup>th</sup> February to April 1st

## JUNIOR COMMITTEE FOR SEASON 2010

<b>PRESIDENT -</b>	Alan Tilbrook	0400 863 999
<b>REGISTRATIONS -</b>	Mike Campbell	0405 459 947
<b>SECRETARY -</b>	Deb Gardiner	0417 034 481
<b>SPORTINGPULSE -</b>	David Rintoul	
<b>COACHING CO-ORD. -</b>	Julian Pratt	0409 795 846
<b>TEAM MANAGERS</b>		
<b>COMMUNICATION OFFICER -</b>	Mara Symons	0427 161 267
<b>UMPIRING CO-ORD. -</b>	Sue Jones	0438 359 300

## OTHER CONTACTS

Canteen - Farm Road 9583 2134

Grounds Manager (Farm Road) – Ron Noe 0414 451 654

Club Treasurer - Greg Wilcock 9593 2213

Uniform Shop - Contact Greg Edwards [greg.edwards@novartis.com](mailto:greg.edwards@novartis.com) or 0406 385 009

## SUHC Website

[www.suhc.com.au](http://www.suhc.com.au)

## Hockey Victoria & Sportingpulse Websites

The Hockey Victoria has an excellent website found at:

[www.hockeyvictoria.org.au](http://www.hockeyvictoria.org.au)

Information on this site includes:

- State Team Application forms
- Club contacts & information
- Calendar of Hockey Victoria Events

Check out all the competition results on Sporting Pulse. Details of match results and goal scorers are entered on the net each week. The web site can be found at:

[www.sportingpulse.com.au](http://www.sportingpulse.com.au)

Information on this site includes:

- Ground Locations
- Fixture updates
- Results & Ladders

## PROPOSED TEAMS & GAME TIMES FOR SEASON 2010

The Junior Section proposes entering teams in the following age groups and sections in the HV competition this year:-

**Mixed Competition -** Under 17 x 4 teams - Friday Night  
Under 15 x 4 teams - Friday Night  
Under 13 x 4 teams - Friday Night  
Under 11 x 3 teams - Saturday Mornings

**Girls Competition -** Under 17 x 2 teams - Friday Night  
Under 15 x 2 teams - Friday Night  
Under 13 - Saturday morning

The **Under 9 Competition** will be HV fixtured and will be 1/2 field games – Saturday mornings

## MINKEY & UNDER 9 FOR SEASON 2010

### Minkey Program

Minkie's is open to 4 to 10 year old players who have not played hockey before. Minkie is a training program tailored to teach kids the basic skills to be able to play the sport of hockey. Run on Sunday mornings, fun games and intensive coaching will give all new players a safe place to enjoy a new sport. Our minkie program will have two carnival days with other clubs in the area so kids can test their skill against others. Minkie program will be run at both our club's ground Dendy Street and Farm Road starting 2nd May.

### U9 Program

Once players have mastered the basic skills (either playing minkies or at school) they can join our U9 or U11 teams which play weekly on Saturdays mornings throughout the normal winter season against other clubs in the area and Melbourne in the case of our 11A grade team. We have 3 x U9's and 3 x U11's teams. U9's and U11's teams train at both grounds on Thursday evenings.

## TEAM MANAGING

Team Managers are required for all teams this season. Please give some thought to taking on this rewarding and very well documented position. The duties of a Manager include, a bit of paper work, a bit of organisation and a lot of fun. When you have decided to take on one of these positions, give Mara Symons a call on 0427 161 267.

## CLUB UNIFORM

The Club Uniform can be obtained from the shop at Farm Road. Availability times are still to be determined.

We play in red shirts with silver sides, black shorts/skirts/skorts and red socks.

## PLAYING EQUIPMENT

Players are required to wear a mouth guard and shin pads at training and games for safety reasons. The club provides Goalkeeper gear for players who want to try out that position.

Sticks, uniforms, etc can all be purchased at club shop at Farm Road ground.  
Contact Greg Edwards [greg.edwards@novartis.com](mailto:greg.edwards@novartis.com)

## BEHAVIOUR OF JUNIOR PLAYERS ON THE HOCKEY FIELD

The junior committee at Southern United Hockey Club welcomes all new players and parents and hope your involvement will be enjoyable and productive.

SUHC prides itself on its member's well-behaved etiquette and sportsmanship shown on and off the hockey field. Behaviour, actions or other facets not in line with the true spirit of the game and detrimental to the club's name will not be tolerated if the committee feels such actions are beyond the standards set by the club.

Southern does not condone or accept the use of "Bad language" and "Rough play" on the hockey field. Moreover it supports the principle of Sportsmanship and Fair Play. It is expected that players, coaches, parents and supporters recognise and encourage the contribution of its players and umpires in a correct manner. Abusive language, especially when directed towards an Umpire cannot and will not be tolerated.

We trust all players will take pride in wearing the club colours and their approach and manner will reflect this pride. If an itemised incident does arise, the player, coach and team manager of the respective team will be asked to explain his / her actions to a disciplinary committee for discussion.

Good luck for the forthcoming season and above all, enjoy and have fun playing hockey.

**Alan Tilbrook**  
**President: - Junior Section**

## FEE STRUCTURE FOR SEASON 2010

### MEMBERSHIP FEES AND WINTER PLAYING FEES

<p style="text-align: center;"><b>SENIORS</b> Men/Women \$475 * \$50 Early Bird discount.</p>	<p style="text-align: center;"><b>VETERANS</b> Men/Women \$475 * \$50 Early Bird discount</p>	<p style="text-align: center;"><b>VETERANS</b> Playing Seniors  Additional \$200</p>	<p style="text-align: center;"><b>SENIORS/ VETERANS</b> Coaching Juniors  \$150 Junior Coaching Rebate (end of Season)</p>	<p style="text-align: center;"><b>STUDENT</b> over 17 years  \$325  \$25 Early Bird discount</p>
<p><b>Senior/Vets Goalie with gear - \$100</b> <b>Junior Goalie - \$150</b></p>				
<p><b>General Membership - \$25</b> (non-playing)</p>				
<p style="text-align: center;"><b>JUNIORS</b> \$250 (now includes match fees)  Minkey - \$60 Under 9s - \$138  Early Bird discount Full - \$10 U/9s - \$6 \$90 extra to play seniors.</p>		<p style="text-align: center;"><b>LIFE MEMBERS</b> Seniors \$250 Veterans \$60  Early      Bird Discount- \$25 - seniors \$10 - Veterans</p>	<p style="text-align: center;"><b>FAMILY MEMBERSHIPS</b> <u>Junior</u>: \$500 plus \$230 for 3<sup>rd</sup> or 4<sup>th</sup> junior (\$60 for Minkeys) \$127 for U/9s)  <u>Senior</u>: \$425 plus \$230 per junior. (\$60 for Minkeys) (\$127 for U9s)</p>	

**Senior Early Bird Discounts apply if fees for seniors/veterans are paid on or before Gala Day.  
Junior Early bird discount applies if paid on or before Registration Day.**

**A penalty of \$50 for seniors and \$25 for juniors will apply and discounts foregone  
if fees are not paid by Round 1**

**Players who have not paid by Round 1 are not covered by club arranged insurance**

Note: All players' fees include a Membership Fee of \$25 to join the Club except for Life members who are exempt. All Fees are inclusive of GST.

